# TABLE FOR TWO

Global Newsletter, Vol. **30** (Jul. – Oct. **2015**)

# Global 🥘



## Kenya 🎫

1&2) In September, the TFT team visited Michinda Boys Boarding Primary School and the community gardens in Kenya which are supported by the Slow Food Association. TFT has contributed to 111 of those community gardens. We also hosted a 'Peace Kitchen Event' featuring Kenyan traditional cuisine and Japanese Miso soup served together.





1&2) The Slow Food Association has developed the community gardens with hands-on help, visiting sites frequently and establishing a secure relationship with local people. Groups of 2 to 5 students form a team responsible for a part of the garden. The team works together from planting to harvesting. From this experience, older elementary school students have gained indepth knowledge of vegetables and nutrition.

Number of school meals served to date (as of Sep 30<sup>th</sup>, 2015):

# 36,217,030 Meals

3&4) We are celebrating World Food Day by launching the "Change the World with Onigiri"(rice ball) campaign (Oct 16<sup>th</sup>- Nov 30<sup>th</sup>). The campaign features a website where TFT supporters globally can post the pictures of making/eating Onigiri. Sponsor companies\* will donate 5 meals per photo submitted. One of our sponsor companies, San-J, has commented "We are very excited to be a part of this wonderful campaign and share the joy of healthy meals."

Join us now on TFT campaign website! http://jp.tablefor2.org/campaign/onigiri/en/



\* San-J, Zojirushi America, Japan Block Fair, Yamamotoyama of America, BentOn, Onigilly, Udemy, Stanby, Rejob

> This month's Guest: <u>Ichika Cho</u>

## North America 💻

#### "When you dine at TABLE FOR TWO, you never dine alone."



5) Our founder Masa received the Kiwanis Club's highest award last year (former recipient includes Mother Teresa) and TFT was welcomed by the Kiwanis Club members from all over the world at its annual conference held in Indianapolis.
6) Over 50 elementary, middle and high schools nationwide are participating in the unique TFT/Harvest Snaps program to make a difference.

7) High school student volunteers help coordinate a successful event at Japan Block Fair in New York.

Australia 🛅

8)The first participant of the program is the award-winning Ocha Japanese restaurant. The owner suggested the restaurant's low-calorie "Spinach and Seafood Salad" as their inaugural TFT meal.

#### Vietnam 🗾

9)The TFT Vietnam team gathered together at Global Volunteering Day 2015 to promote a free nutritious school meal program.

"When I visited school farms in Kenya, I was impressed by how children are playing important roles in farming and how knowledgeable they are. They do not only learn farming at school but share the knowledge with their family so that they can also practice it at home. It's great to know they are able to make a healthy life by themselves."

