

# TABLE FOR TWO

Ethiopia  
Uganda  
Rwanda  
Kenya  
Tanzania



A MEAL FOR A MEAL  
「以餐換餐」



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## North America

- 1) The University of California at Davis (UC Davis)'s mascot Gunrock munches on a healthy TFT meal.
- 2) Alchemy Restaurant joins as the newest TFT partner in San Diego.
- 3) TFT NY chapter members with the Executive Chef at The Nippon Club, which is serving rotating TFT menu items through September.
- 4) TFT San Diego members gather at San Diego State University.

*"When you dine at TABLE FOR TWO, you never dine alone."*



This Month's Guest:  
**Stephanie Tan and Katy Yung**  
TABLE FOR TWO Hong Kong

It's been one and a half years since the inception of TABLE FOR TWO Hong Kong and it has been an exciting ride. It has been extremely meaningful to connect the local community with the needs of schoolchildren in China, namely the nutritional needs of the 60+ million 'left-behind children'. Currently, 'A Meal For A Meal' is happening on our Facebook ([www.facebook.com/tablefor2hk](http://www.facebook.com/tablefor2hk)) - simply send us a photo of a healthy meal to unlock a nutritious meal donation for school children in China! See you on Facebook!



- 5) TFT's first restaurant partner in Ethiopia – Lime Tree Café – welcomes guests with a large sign promoting their healthy TFT meal! 6&7) TFT works with Millennium Promise on a number of innovative approaches that complement the school meal programs. One such project establishes school gardens as "living classrooms," provides training on nutrition, and conducts culinary demonstrations. In Mayange, Rwanda (pictured), 10 culinary demonstrations were held at health facilities, community centers, and places of worship.

## Africa & Asia



- Top) This meal counter is for a digital campaign on TFT Hong Kong's Facebook page. Every healthy meal photo shared = 1 nutritious meal donated! 8) Shojin Tokyo – a fast food restaurant that prides itself on its low calorie, healthy menu items – joins TFT in July.

